

## *Certificate of Completion*

THIS CERTIFIES THAT  
**CALEB FELLOWES**

has participated in the following education session:

**Introduction to transition to parenthood: are the current programs adequate?**

Presenter Dr Joan Garvan

Director and Researcher of Maternal Health and Wellbeing

In this session you will:

- Review examples of current programs and review the latest research findings in regards to transition to parenthood and perinatal depression
- Revise whether our present services are able to meet the identified need
- Gain an understanding on the problems parents face
- Reflect on your own practice with this client group

Completed on

**17 April 2019 (duration of 1 hour/s)**

**This equates to 1 CPD Hour/s (Continuing Professional Development)**

### REFLECTION:

In this session, we will look at examples of current programs and review the latest research findings in regards to transition to parenthood and perinatal depression. The discussion will focus on whether our present services are able to meet the identified need.



Cheryl Dezotti

Director of the Nursing CPD Institute

Certificate #265422 issued by the  
Nursing CPD Institute

ABN 56 116 470 716