

## *Certificate of Completion*

THIS CERTIFIES THAT  
**CALEB FELLOWES**

has participated in the following education session:

### **Lichen Sclerosus**

Presenter The Nursing CPD Institute

In this session you will:

- Gain an understanding of the known aetiology of Lichen Sclerosus
- Learn the signs and symptoms associated with Lichen Sclerosus
- Receive knowledge regarding the long-term complications of having this condition
- Gain knowledge regarding recommended treatment options for this condition

Completed on

**04 April 2019 (duration of 1 hour/s)**

**This equates to 1 CPD Hour/s (Continuing Professional Development)**

#### REFLECTION:

Lichen sclerosus (LS) is a chronic, inflammatory, mucocutaneous disorder of genital and extragenital skin. LS is a debilitating disease, causing itch, pain, dysuria and restriction of micturition, dyspareunia, and significant sexual dysfunction in women and men. Anogenital LS is associated with an increased risk for squamous cell carcinoma of the vulva or penis. This review updates the epidemiology, clinical presentation, histopathology, pathogenesis, and management of LS of the female and male genitals and extragenital LS in adults and children.



Cheryl Dezotti

Director of the Nursing CPD Institute

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Nursing CPD Institute

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