

Certificate of Completion

THIS CERTIFIES THAT
CALEB FELLOWES

has participated in the following education session:
National Perinatal Mental Health Guidelines 2017

Presenter The Nursing CPD Institute

In this session you will:

- Gain an understanding of Mental health conditions that occur during the perinatal period
- Gain general knowledge regarding psychosocial assessment and screening
- Receive information regarding pharmacological treatment considerations
- Gain knowledge regarding effective mental health care in the perinatal period

Completed on

22 April 2019 (duration of 2 hour/s)

This equates to 2 CPD Hour/s (Continuing Professional Development)

REFLECTION:

One in ten women experience depression during pregnancy and one in seven women in the year following birth. Anxiety disorders are also prevalent (around one in five women in both the antenatal and postnatal periods) and comorbidity with depression is high. Severe mental illnesses - schizophrenia, bipolar disorder and borderline personality disorder - are much less common than depression and anxiety disorders. All of these conditions have the potential to have a negative impact on maternal and infant outcomes. This session explores the 2017 National Perinatal Mental Health Guidelines.



Cheryl Dezotti

Director of the Nursing CPD Institute

Certificate #263940 issued by the
Nursing CPD Institute

ABN 56 116 470 716