Australian Nursing & Midwifery Federation
Continuing Professional Education

This is to certify that

Caleb Fellowes

completed an online educational tutorial and assessment with the

Australian Nursing and Midwifery Federation

on 23rd December, 2020

Perinatal Depression and Anxiety

Mental health problems can present at any time during the perinatal period and can contribute to adverse outcomes for the mother, the baby as well as the partners and other family members.

The definition of perinatal depression in both the antenatal period and the postnatal period.

Perinatal mood disorders including antenatal and postnatal mood disorders.

Postnatal depression vs the Baby Blues.

3 CPE Hours

Federal Education Officer

www.anmf.org.au/cpe