



Certificate of Completion

Awarded to

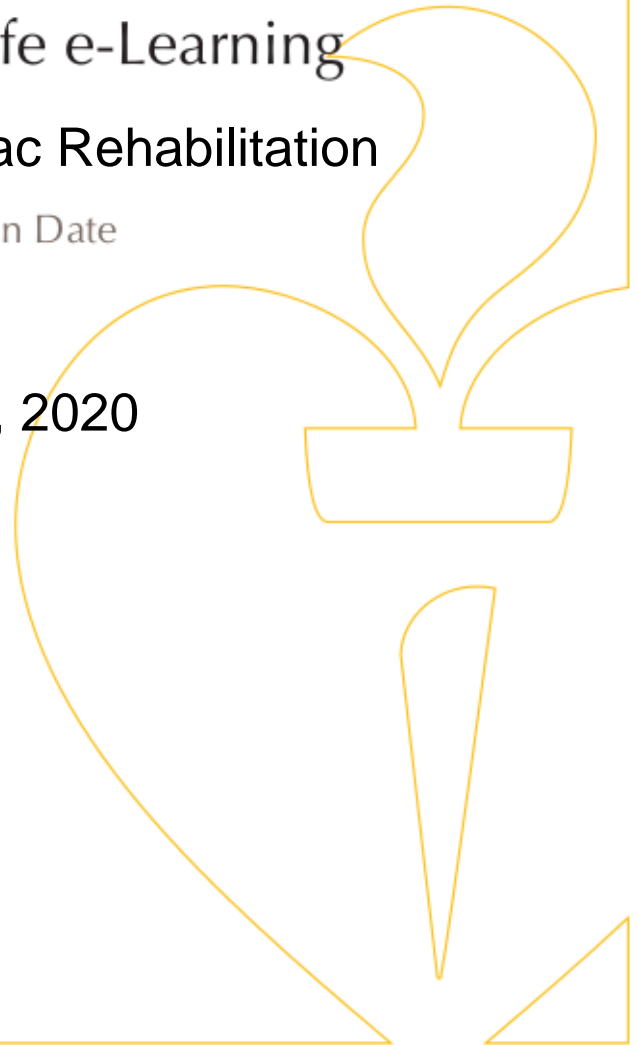
Caleb Fellowes

For

**My heart, my life e-Learning
Module 3 - Cardiac Rehabilitation**

Completion Date

June 13, 2020



EVIDENCE RECORD

MODULE 3 – CARDIAC REHABILITATION



This page is for you to manually record your identified learning needs, reflections and hours for your CPD activity record.

Module provider details

Heart Foundation (SA Branch)
[/myheartmylife-elearning.com.au](http://myheartmylife-elearning.com.au)

Identified learning needs

Module topics

- Cardiac rehabilitation and education overview
- Phases of cardiac rehabilitation
- Inpatient cardiac rehabilitation
- Cardiac rehabilitation programs and patient attendance
- Advice on physical activity, healthy eating, driving, returning to work, resuming sex and emotional health
- Resources for patients and program providers

Reflection on module and application to practice

CPD hours