

## *Certificate of Completion*

THIS CERTIFIES THAT  
***CALEB FELLOWES***

has participated in the following education session:  
**Competency - Basic Life Support - Adult**

Presenter The Nursing CPD Institute

In this session you will:

- Gain knowledge regarding the current recommendations for Cardiopulmonary resuscitation in Australia
- Receive information regarding the method of compression for adults
- Gain knowledge regarding the process for assessing breathing and delivering breaths in different circumstances
- Be provided the steps of basic resuscitation

Completed on

**04 April 2019 (duration of 1 hour/s)**

**This equates to 1 CPD Hour/s (Continuing Professional Development)**

### REFLECTION:

Nurses need to be up to date with Cardiopulmonary Resuscitation. The Australian Resuscitation Council identifies that cardiopulmonary resuscitation is the technique of chest compressions combined with rescue breathing. The purpose of cardiopulmonary resuscitation is to temporarily maintain a circulation sufficient to preserve brain function until specialised treatment is available.



Cheryl Dezotti

Director of the Nursing CPD Institute

Certificate #264449 issued by the  
Nursing CPD Institute

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