

## This is to certify that

## **Caleb Fellowes**

completed an online educational tutorial and assessment with the

## Australian Nursing and Midwifery Federation

on 17th December, 2020

## **Basic Life Support (BLS)**

Prevention of cardiac and respiratory arrest can be achieved through early detection and treatment of potentially reversible causes. This can include hypoxia, haemorrhage, chest pain etc.

Prevention is just as important as management of life threatening conditions.

Why there needs to be universal uniformity and standardisation of resuscitation techniques

How to manage an emergency situation

Airway management to re-establish an open airway

What to do when you witness someone choking

Management of a cardiac arrest including breathing, circulation and defibrillation

2 CPE Hours

Federal Education Officer

www.anmf.org.au/cpe