

Educational resource



Care of older people: with cognitive impairment and related behaviours (BPSD)

Sites where Learning package applies	All sights where acute, sub-acute and residential care is Provided to adults.
Description	Educational resource: Care of older people: with cognitive impairment and related behaviours (BPSD)
Target audience	All clinicians who provide care to adults
Learning Outcomes:	<ul style="list-style-type: none"> • Define BPSD • Implement and interpret assessment tools used in the care of people with BPSD • Develop and implement person centred care plans for the person with BPSD • Able to access resources to gain further information

[Hyperlink to Package](#) (dementia/delirium)

Keywords	Assessment, cognitive impairment, behaviours, BPSD
Document registration number	ER: ACARS 16:03
Replaces existing document?	No

Related Legislation, Australian Standard, NSW Ministry of Health Policy Directive or Guideline, National Safety and Quality Health Service Standard (NSQHSS) and/or other, HNE Health Document, Professional Guideline, Code of Practice or Ethics:

- NSQHS Standard 1 Governance for Safety and Quality in Health Service Organisations
- NSQHS Standard 10 Preventing Falls and Harm from Falls
- [Prevention, Recognition and Management of Delirium in the Older Person HNELHD CG 13_04](#)
- [Aggression, Seclusion & Restraint in Mental Health Facilities in NSW PD2012_035](#)
- [Aged Care - Working with People with Challenging Behaviours in Residential Aged Care Facilities GL2006_014](#)
- [Mechanical Restraint in Adult Patients HNELHD GandP 14_10](#)
- [Bedside Rail Placement and Safe Usage in Adults HNELHD CG 14_15](#)
- [Dementia Services Framework 2010-2015 GL2011_004](#)
- Assessment and Management of People with Behavioural and Psychological Symptoms of Dementia (BPSD): A Handbook for NSW Health Clinicians

Is this package recorded in HETI?	Yes – if reflective learning form completed (pg 7)
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Peer reviewed by: ACARS Dementia Expert Working Group, ACARS CNC/NP Group

Date: February 2016

Date Due:

Purpose: This [package](#) is designed to support the HNE LHD Guideline and Procedure Caring for older people with cognitive impairment and associated behaviours. The package should be completed after reading the related guideline.

Date for Learning Package Review:
2019

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Introduction

This package has been designed to support the HNE LHD [Guideline and Procedure Caring for older people with cognitive impairment and associated behaviours.](#)

Disclaimer

This learning package has been prepared by health professionals employed in Hunter New England Local Health District. While all care has been taken to ensure that the information is accurate at the time of development, the authors recommend that all information is thoroughly checked before use if utilised by another unit, context or organisation.

Aim

The package and other resources will provide clinicians with best practice evidenced based approaches to the care of older people with a cognitive impairment and related behaviours. The package is located on the ACARS Network Portal in the Dementia / Delirium page.

Learning Outcomes or Learning Objectives

Following completion of the package, clinicians will be able to:

- Define BPSD
- Implement and interpret assessment tools used in the care of people with BPSD
- Develop and implement person centred care plans for the person with BPSD
- Able to access resources to gain further information

Pre-requisites

Prior to, or after, completion of the package, clinicians should have read the related HNE LHD Guideline and Procedure Caring for older people with cognitive impairment and associated behaviours. Clinicians should also be familiar with the following documents in relation to care of older people with cognitive impairment and related behaviours:

- [ACSOHC A Better Way to Care \(clinician booklet\)](#)
- *Krsihnamoorthy, A., & Anderson D. (2011) Managing challenging behaviours in older adults with dementia. Progress in Neurology and Psychiatry. June.*
<http://onlinelibrary.wiley.com/doi/10.1002/pnp.199/epdf>

How to use this resource or Instructions for participants

Some possible items might include:

- The package is expected to take 30 minutes to complete
- Completion of this package (comprising completion of package, reading material and reflective table) is equivalent to one (1) Continuing Professional Development (CPD) hour which is a requirement for National Registration. Evidence of CPD can be generated using the *Reflection on learning* page at the end of the template.
- This package can be used as an introduction for nurses wishing to further their knowledge and skills in this area.
- Participants will be asked questions that will reinforce key points or learnings.
- There is a suggested reference list and it is by no means complete. Journal articles can be accessed through CIAP. The online readings are not provided within this document due to copyright law restrictions. If you have any difficulty locating the readings please seek assistance from your hospital / health facility library.
- This resource has been written from a Hunter New England Area Local Health District perspective so it is not specific to any one health facility.

Recommended Readings

Any essential or suggested readings or resources can be identified in this section.

Include any internet links and or web pages for reference in this section.

[HNE LHD Guideline and Procedure Care of older people with cognitive impairment and associated behaviours](#)

[NSW Health Assessment and Management of People with Behavioural and Psychological Symptoms of Dementia \(BPSD\): A handbook for clinicians](#)

[Alzheimer's Australia Therapies and communication approaches](#)

[The Best Practice Advocacy Centre New Zealand - BPSD](#)

Krsihnamoorthy, A., & Anderson D. (2011) Managing challenging behaviours in older adults with dementia. *Progress in Neurology and Psychiatry*. June.

<http://onlinelibrary.wiley.com/doi/10.1002/pnp.199/epdf>

Reflection tool

A reflective tool is provided for clinicians to complete. This form can be kept as a record of self-directed learning or can be added to the individual training record of the clinician by following the instructions on the form.

Evaluation

A feedback form is also provided. The form can be filled out manually and returned to the course contact or can be completed online from the main menu page.

References:

Attorney General's Department of NSW. (2008) *Capacity Toolkit*

Australian Commission on Safety and Quality in Health Care. *Patient-Centred Care: Improving Quality and Safety by Focusing Care on Patients and Consumers*. Discussion paper draft consultation Sept 2010. www.safetyandquality.gov.au.

Better Medicine from Health Grades <http://www.localhealth.com>

Best Practice Guideline for Accommodating and Managing Behavioural and Psychological Symptoms of Dementia in Residential Care. A Person-Centred Interdisciplinary Approach. October 25 2012. British Columbia.

Department of Health (2006), Guidelines for working with people with challenging behaviours in residential aged care facilities Sydney, NSW

Department of Health (2013), *Assessment and Management of People with Behavioural and Psychological Symptoms of Dementia (BPSD): A Handbook for NSW Health Clinicians*.

Guardianship Tribunal (2008). *Information Sheet – Person Responsible*

Krsihnamoorthy, A., & Anderson D. (2011) Managing challenging behaviours in older adults with dementia. *Progress in Neurology and Psychiatry*. June. <http://onlinelibrary.wiley.com/doi/10.1002/pnp.199/epdf>

New Zealand Nurses Organisation (2008) *Understanding Duty of care (Factsheet)*
The Best Practice Advocacy Centre New Zealand.

Reflective learning

By completing this table, your participation in this learning activity ***Caring for older people with cognitive impairment and related behaviour*** and the outcome achieved will form the evidence of CPD. You are able to record one hour of CPD in your personal education diary / record.

Employee number:	Name
Outline the key learning you obtained from completion of the package	
How was the learning useful for your practice?	
How will the learning influence your practice? What will you change in your practice?	
Is there any further education you need to undertake as a result of completing the package?	

If you would like to have the completion of this learning module recorded in your personal learning history in HETI, please return this completed form to Kim Riley. (kim.riley@hnehealth.nsw.gov.au or fax: 65402180).

Learning Package Feedback Form – cognitive impairment

Please circle your response to the following questions:

1. The aims and objectives of the learning package were clear and appropriate

Yes No

2. As a result of completing this package, I have a better understanding of caring for older people with BPSD

Yes No

3. The activities helped to reinforce key learnings?

Yes No

4. The package was easy to follow?

Yes No

5. Some suggestions I would like to make to improve the package are:

6. Further comments I would like to make are:

Please send this feedback form to:

Fax: 65402180 (attention Kim Riley)

Email: kim.riley@hnehealth.nsw.gov.au