



Certificate of Completion

Awarded to

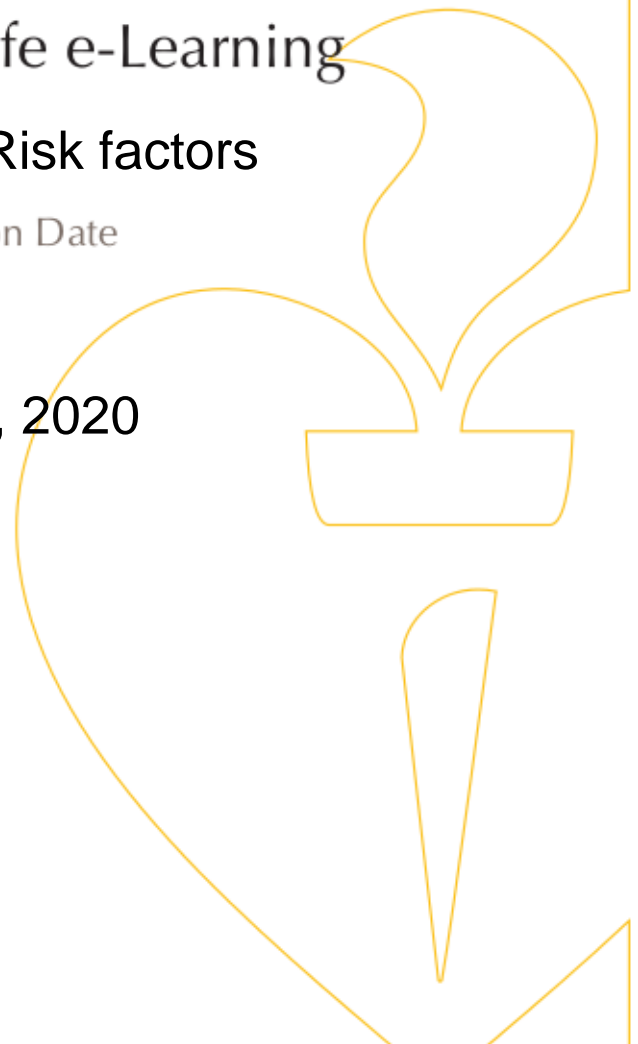
Caleb Fellowes

For

My heart, my life e-Learning
Module 2 - Risk factors

Completion Date

June 13, 2020



EVIDENCE RECORD

MODULE 2 – RISK FACTORS



This page is for you to manually record your identified learning needs, reflections and hours for your CPD activity record.

Module provider details

Heart Foundation (SA Branch)
myheartmylife-elearning.com.au

Identified learning needs

Module topics

- Risk factors overview
- Blood pressure and hypertension
- Healthy eating
- Diabetes
- Cholesterol and lipid management
- Smoking
- Psychosocial health
- Physical activity and lifestyle risk
- Cardiac rehabilitation program attendance
- Aboriginal people and CVD

Reflection on module and application to practice

CPD hours