

## *Certificate of Completion*

THIS CERTIFIES THAT  
***CALEB FELLOWES***

has participated in the following education session:  
**Low carbohydrate eating for people with diabetes**

Presenter Dale Cooke  
of Diabetes QLD

In this session, you will:

- Gain an understanding of dietary recommendations for all Australians
- Recognise the distinction between the Australian Dietary Guidelines and Low Carbohydrate diets
- Examine the low carbohydrate diet recommendations and evidence
- Explore the application of this recommendation for people with diabetes

Completed on  
**15 April 2019 (duration of 1 hour/s)**

**This equates to 1 CPD Hour/s (Continuing Professional Development)**

### REFLECTION:

Diabetes Queensland will present The Diabetes Australia Position Statement on low carbohydrate eating for people with diabetes released in 2018 and its' application in practice.



Cheryl Dezotti  
Director of the Nursing CPD Institute

Certificate #262013 issued by the  
Nursing CPD Institute  
ABN 56 116 470 716