

Certificate of Completion

THIS CERTIFIES THAT
CALEB FELLOWES

has participated in the following education session:

Restraint Management in Residential Aged Care

Presenter Cheryl Dezotti

Educator/ Nurse Consultant of The Nursing CPD Institute

In this session you will:

- Become familiar with the legislation that surrounds the use of restraints in residential aged care
- Learn the definition of restraint and gain knowledge regarding the different types of restraint devices
- Gain knowledge regarding restraint free options for residents
- Become familiar with the types of assessments and variables that must be considered prior to any form of restraint being applied

Completed on

13 April 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

REFLECTION:

A restraint-free environment is seen as a basic human right for all and care recipients are entitled to respect and protection of their basic rights and freedoms, regardless of whether the care is being provided in a residential aged care setting or within the care recipients own home.



Cheryl Dezotti

Director of the Nursing CPD Institute

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