

# *Certificate of Completion*

THIS CERTIFIES THAT  
***CALEB FELLOWES***

has participated in the following education session:

## **Pregnancy Weight Plan**

Presenter Melanie McGrice

Advanced Accredited Practising Dietitian of Melanie Nutrition and Wellbeing

In this session you will:

- Gain an understanding of weight management during pregnancy
- Explore Melanie's research into weight management and pregnancy
- Review usual weight gain
- Revise strategies that can form the basis for a healthy pregnancy

Completed on

**24 April 2019 (duration of 1 hour/s)**

**This equates to 1 CPD Hour/s (Continuing Professional Development)**

### REFLECTION:

In this session, we will discuss her research and recommendations for women and weight management during pregnancy.



Cheryl Dezotti

Director of the Nursing CPD Institute

Certificate #266086 issued by the  
Nursing CPD Institute

ABN 56 116 470 716