

## *Certificate of Completion*

THIS CERTIFIES THAT  
**CALEB FELLOWES**

has participated in the following education session:

### **Does the Diabetic Diet Exist**

Presenter Alison Bennett

Dietitian of Diabetes Queensland

In this session you will:

- Gain an understanding of the current Australian Dietary Guidelines
- Explore the concept of the diabetic diet - does it exist?
- Investigate the Glycemic Index and related food groups
- Enhance knowledge regarding special considerations for those with Diabetes

Completed on

**16 April 2019 (duration of 1 hour/s)**

**This equates to 1 CPD Hour/s (Continuing Professional Development)**

#### REFLECTION:

In this session, we will explore the nutritional requirements of a person with diabetes and confirm if there is such a thing as a diabetic diet.



Cheryl Dezotti

Director of the Nursing CPD Institute

Certificate #265409 issued by the  
Nursing CPD Institute

ABN 56 116 470 716